

DIRECTIONS: Take 2 tablets daily after breakfast (1st meal of the day). Take a few hours before or after other medications. Stay well hydrated. Do not exceed 2 tablets within 24 hours. Avoid taking at bedtime.

WARNINGS: For adult (males) use only. Consult a healthcare practitioner for use beyond 12 weeks. Use for at least 1 month to see beneficial effects. Consult a health care practitioner prior to use if you have diabetes, gallstones or a bile duct obstruction, stomach ulcers or excess stomach acid, kidney/liver disorder, or any type of acute infection, or history of non-melanoma skin cancer/iron deficiency/cystinuria. Stop use and consult a health care practitioner if you develop symptoms of liver trouble such as yellowing of the skin/eyes (jaundice), stomach pain, dark urine, sweating, nausea, unusual tiredness and/or loss of appetite. Consult a health care practitioner prior to use if you are taking blood thinners, antidepressant medications, nitroglycerin, antibiotics, or medications for diabetes, high blood pressure, or seizures. Consult a healthcare practitioner if symptoms worsen. Store in a cool, dry place away from direct sunlight and protect from heat, light and moisture. **KEEP OUT OF REACH OF CHILDREN.** Do not use if inner seal is broken. **CONTRA-INDICATIONS:** Do not use this product in cases of yin deficiency with heat signs, heat excess, or in the absence of significant g. deficiency. Do not use this product if you are taking health products that affect blood coagulation as this may increase the risk of spontaneous bleeding. **KNOWN ADVERSE REACTIONS:** People sensitive to Vitamin B3 (Niacin/Nicotinic Acid) may experience flushing of the skin that is generally mild and transient. Rare, unpredictable cases of liver injury associated with green tea extract-containing products have been reported (in Canada and internationally). Stop use if you experience insomnia, anxiety or headaches. Some people may experience mild gastrointestinal bloating, constipation or indigestion.

CALIFORNIA WARNING: Lead is known to the State of California to cause birth defects or reproductive harm. Consuming this product can expose you to more than 0.0000005 g of lead. For more information go to www.P65Warnings.ca.gov.

ALLERGEN WARNING: Contains Shellfish (Crab & Shrimp) and Wheat. Produced in a facility that also handles Milk, Soy, Wheat, Egg, Peanut, Tree Nuts, Sesame, Fish, Crustacean and Shellfish products.

* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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ALLMAX®

SCIENCE • INNOVATION • QUALITY • RESULTS

PREMIUM MULTI-VITAMIN
VITAFORM
FOR MEN

- 100% RDI Essential Vitamins
- 6 Functional Complexes*
- Powerful Antioxidant*



DIETARY SUPPLEMENT
60 TABLETS • 30 DAY SUPPLY

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 30

| Amount Per Serving | % DV |
|---|-------------------|
| 1: VITAPLEX - Essential Vitamin Complex | |
| Vitamin A (as Palmitate) (5000 IU) | 1500 mcg RAE 167% |
| Vitamin C (as Calcium Ascorbate and Ascorbic Acid) | 180 mg 200% |
| Vitamin E (as d-Alpha Tocopheryl Acetate) | 15 mg 100% |
| Vitamin B1 (as Thiamine HCl) | 1.5 mg 125% |
| Vitamin B2 (as Riboflavin) | 1.7 mg 130% |
| Vitamin B3 (as Niacinamide & Niacin) | 20 mg 125% |
| Vitamin B5 (as d-Calcium Pantothenate) | 10 mg 200% |
| Vitamin B6 (as Pyridoxine HCl) | 2 mg 120% |
| Folate (as 400 mcg Folic Acid) | 668 mcg DFE 167% |
| Vitamin B12 (as Methylcobalamin) | 12 mcg 500% |
| Biotin | 500 mcg 1667% |
| Inositol | 25 mg † |
| Choline (as Choline Bitartrate) | 24 mg † |
| 2: POWER - Anti-Oxidant Blend | |
| Green Tea (Camellia sinensis, leaf) extract (95% Polyphenols, 45% EGCG) | 50 mg † |
| Grape Seed (Vitis vinifera, seed) extract (95% Proanthocyanidins) | 25 mg † |
| Curcuminoids (Curcumin longa, rhizome) | 25 mg † |
| Alpha Lipolic Acid | 20 mg † |

* Daily Value (DV) not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid, Silicon Dioxide, Magnesium Stearate, Film Coating [Hyromellose, Hydroxypropyl Cellulose, Titanium Dioxide, Polyethylene Glycol, Riboflavin (Color), Caramel (Color)].

3: COGNIFORCE - Mental Focus & Support

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|---|---------|
| Asian Ginseng (Panax ginseng, root) extract (25:1, QCE 1,125 mg) | 45 mg † |
| L-Theanine | 30 mg † |
| Ginkgo Biloba (Ginkgo biloba, leaf) extract (24% Flavonoid Glycosides, 6% Terpene Lactones) | 25 mg † |

4: VIRIMAX™ - Male Support Complex

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| Zinc (as Zinc Amino Acid Chelate & Zinc Citrate) | 30 mg 273% |
| Selenium (as Sodium Selenate) | 130 mcg 236% |
| American Ginseng (Panax quinquefolius, root) extract (2:1, QCE 200 mg) | 100 mg † |
| Saw Palmetto (Serenoa repens, fruit) powder | 40 mg † |
| Pomegranate (Punica granatum, fruit) extract (5:1 QCE 100mg) | 20 mg † |
| Boron (as Boron Citrate) | 20 mcg † |

5: MULTIFLEX - Bone & Joint Health

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| Vitamin D3 (as Cholecalciferol) (800 IU) | 20 mcg 100% |
| Vitamin K1 (as Phytonadione) | 120 mcg 100% |
| Calcium (as Calcium Carbonate, Calcium Ascorbate and Calcium Amino Acid Chelate) | 250 mg 19% |
| MSM (Methylsulfonylmethane) | 150 mg † |
| Glucosamine HCl (from Shellfish) | 75 mg † |
| Chondroitin Sulfate (Bos taurus) | 75 mg † |

6: ELECTROMAX - Mineral & Electrolyte Matrix

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|------------------------------------|--------------|
| Chromium (as Polynicotinate) | 120 mcg 343% |
| Copper (as Amino Acid Chelate) | 2 mg 222% |
| Manganese (as Amino Acid Chelate) | 2 mg 87% |
| Magnesium (as Magnesium Oxide) | 150 mg 36% |
| Iodine (as Potassium Iodide) | 150 mcg 100% |
| Molybdenum (as Amino Acid Chelate) | 75 mcg 167% |

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